



# ST. ALOYSIUS' COLLEGE

(AUTONOMOUS), JABALPUR (M.P)

Reaccredited 'A+' Grade by NAAC (CGPA 3.68/4.00)

College with Potential for Excellence (CPE) by UGC

DST-FIST SUPPORTED & STAR COLLEGE SCHEME BY DBT

## Best Practice II

### 1. Title of the Practice:

*“Nurturing Student towards Self-Actualization”*

### 2. Objectives of the Practice:

**What are the objectives / intended outcomes of this “best practice” and what are the underlying principles or concepts of this practice?**

St. Aloysius College, Jabalpur, a place where we are advancing education through the development of extraordinary abilities that transcend conventional limits. As an epitome of developing, competent youth of tomorrow, where the maxims of learning from action, experience, and exploration take place, the college deploys students with opportunities in sports, cultural, NCC and NSS, to do things that foster self-learning and self-development. Our strategy includes cultural and athletic accomplishments at the district, national, and international levels in addition to academic success. We give the National Cadet Corps (NCC), the National Service Scheme (NSS), and sports talent development a lot of attention.

This demands a process of identifying talent, using contemporary training techniques, monitoring performance thereby increasing students' achievements at regional, zonal, national and international level.

### 3. The Context

**What were the contextual features or challenging issues that needed to be addressed in designing and implementing this practice?**

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With resilience and perseverance as vitals of leadership qualities, we pioneer education by cultivating exceptional talents that extend beyond traditional boundaries. Our approach is not only centered on academic success but also encompasses athletic and cultural achievements at district, national, and international levels. We place great emphasis on fostering talents in sports, the National Cadet Corps (NCC), and the National Service Scheme (NSS). This Aloysian practice enables to develop high performance competitive environment with suitable strategies, policies, disciplined characteristics and teamwork. Undergraduates are actively encouraged to engage in a wide variety of curricular and co-curricular activities beginning in their very first year. Progressive programs tailored to each category of students' specific needs are provided and made available to them. Experts trainers, special training sessions, regular monitoring of students' performance are the contextual feature of the practice. `

#### **4. The Practice-**

**Describe the best practice and its uniqueness in the context of Indian higher education. What were the constraints/limitations, if any, faced?**

As we embark on this journey of talent nurturing, we foster a vibrant community where passion meets opportunity, and students have the chance to shine on the global stage. As St. Aloysius College continues to prioritize the holistic development of its students, it stands as a beacon of excellence, empowering the next generation to achieve greatness. Imbibing the core areas of whole person education, the college commits in fostering positive, competitive environments, which creates awareness and encourages students regular academic, physical and cultural development at the regional, national, and international levels. The institution provides **efficient human and facility resources** to support learners to increase their skills, expertise, leadership traits, teamwork, physic through internalizing and institutionalizing the practice. Additionally, students are sent to **Sports Academy for specialized training**. In this manner we provide a lot of opportunities to student which includes, in sports -basketball, archery, weightlifting, volleyball, badminton, Wushu, cricket, table tennis, Taekwondo and lawn tennis, in academic and cultural- speech,



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extempore, debate, quiz, singing, dancing, drama, mime and skit in NCC- Youth Exchange Program, Over Seas Deployment Camps, Advance leadership camps, RDC, NSC, firing, combined army attachment camps, All India Tracking Camps, Yachting Camps, Sailing Camps, Ek Bharat Shreshtra Bhatrat Camp, Thal Sena Camp (TSC), and in NSS- all society development and enrichment activities.

With our mission is to produce well-rounded individuals who excel in all aspects of life. We provide scholarships and financial support to outstanding athletes, ensuring that financial constraints do not impede their progress. Our sports teams have represented the institution internationally, earning accolades and bringing recognition to the college. The college enables cadets to participate in national and international camps, including the Republic Day Camp and Youth Exchange Programs. Our NCC unit has a distinguished record, with many cadets attaining high ranks and honors in state and national-level camps and competitions. These experiences broaden their horizons and expose them to diverse cultures and leadership styles. Similarly, the NSS unit engages students in social service activities, encouraging them to participate in international conferences and forums on social issues. Fear of competition and improper attendance of students towards training, were few limitations faced.

## **5. Evidence of Success**

**Provide evidence of success such as performance against targets and benchmarks, review/results. What do these results indicate? Describe in about 40 words.**

Our track record speaks volumes, with numerous accolades in various sports tournaments and cultural festivals at all levels. We take pride in the accomplishments of our students, commemorating their achievements and milestones as they honorably and distinctively represent our institution. The student's performance brought glories by bagging gold, silver, and bronze medal at various levels. The following people in such roles celebrated their moment of triumph:



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## **Sports**

1. Tanya Jatav Secured The 1st Position in The Khelo India Women's Wushu League, Held from March 26-31, 2024.
2. Vanshika Namdeo Secured The 1<sup>st</sup> Position in The Wushu Gunshu Held From 26 Oct to 9 November 2023 In National Games, India.
3. Arti Tiwari Secured The 3<sup>rd</sup> Position in The Karate Kuala Lumpur, Malaysia Held From 8 March To 10 March 2024.
4. Arti Tiwari And Sapna Pandey Secured The 3<sup>rd</sup> Position in The Team Category Which Took Place in The Karate Kuala Lumpur, Malaysia Held From 8 March To 10 March 2024.
5. Sapna Pandey Secured The 3<sup>rd</sup> Position in The Karate Kuala Lumpur, Malaysia Held From 8 March To 10 March 2024.
6. Tanya Jatav Secured The 8<sup>th</sup> Position in Wushu (Girls Jianshu\_A) Held From 17-20 Aug 2023 in 11<sup>th</sup> Asian Junior Wushu Championship
7. Tanya Jatav Secured The 5<sup>th</sup> Position in Team Category Wushu (Group Event) Held From 17-20 Aug 2023 in 11<sup>th</sup> Asian Junior Wushu Championship
8. Tanya Jatav Secured The 5<sup>th</sup> Position in Wushu (Girls Duilian) Held From 17-20 Aug 2023 in 11<sup>th</sup> Asian Junior Wushu Championship
9. Mehak Jaiswal Secured The 2<sup>nd</sup> Position in The Team Category of Due Ball Held From 11-13 December In Due Ball Federation of India In Collaboration with Mumbai Due Ball Association and Ani Sports Foundation.
10. Rubina Francis Secured The 3<sup>rd</sup> Position In 10m Air Pistol Held From 22-28 October 2023 In Asian Para Games.

## **Cultural**

11. Falguni Ghansela Solo Song (Western) 30 Jan - 3 Feb 2024 Individual Inter University Central Zone Iii Swami Vivekanand Subharti University Meerut
12. Siddharth Tiwari Quiz 30 Jan - 3 Feb 2024 Team Inter University Central Zone Iii Swami Vivekanand Subharti University Meerut.

13. Falguni Ghansela Solo Song (Western) 23 - 25 February 2024 Individual State I Jiwaji University, Gwalior
14. Falguni Ghansela Solo Song (Sugam) 23 - 25 February 2024 Individual State II Jiwaji University, Gwalior
15. Ansh Dixit, Radika Sen, Saniya Masih, Pallavi Gupta, Anushri Danuk Skit 23 - 25 February 2024 Team State level, Jiwaji University, Gwalior
16. Anushka Soni Classical Instrumental Solo 23 - 25 February 2024 Individual State level, Jiwaji University, Gwalior
17. Siddharth Tiwari Quiz 23 - 25 February 2024 Team State level, Jiwaji University, Gwalior
18. Namrata Rao Solo Classical Dance 17 -19 January 2024 Individual University level Rani Durgawati Vishwavidhyalaya, Jabalpur
19. Sharad Jaiswal Speech 17 - 19 January 2024 Individual University level, Rani Durgawati Vishwavidhyalaya, Jabalpur
20. Anushka Soni Classical Instrumental Solo 17 - 19 January 2024 Individual University level Rani Durgawati Vishwavidhyalaya, Jabalpur
21. Siddharth Tiwari Quiz 17 - 19 January 2024 Team University level Rani Durgawati Vishwavidhyalaya, Jabalpur
22. Ansh Dixit, Saniya Masih, Anushri Danuk, Pallavi Gupta, Radika Sen Skit 17 - 19 January 2024 Team University level Rani Durgawati Vishwavidhyalaya, Jabalpur
23. Falguni Ghansela Solo Song (Western) 17- 19 January 2024 Individual University level Rani Durgawati Vishwavidhyalaya, Jabalpur
24. Falguni Ghansela Solo Song (Sugam) 17 - 19 January 2024 Individual University level Rani Durgawati Vishwavidhyalaya, Jabalpur

## **NCC & NSS**

25. Senior Cadet Captain Ishika Gurjar, Received the Medal From ADG, New Delhi for securing 3<sup>rd</sup> in the category of All India Best Cadet (AIBC) Naval Wing During RDC 2023.

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26. Harshit Singh Mahrolia secured 2<sup>nd</sup> Rank in All India Best Cadet, Senior Cadet Captain Aditi Chouksey , Under Officer Adeeti Mishra , Under Officer Pradummn Singh.
27. Shruti Jain B. Com 2<sup>nd</sup> Year Attended RDC Parade (Right Markar) From 1<sup>st</sup> to 31<sup>st</sup> January 2023 in Kartavya Path, New Delhi.
28. Soumya Patel Attended National Camp, Maa Tujhe Pranam Camp, at Tamil Nadu 2023.
29. Simran Chakravarti attended National Adventure Camp, at Himachal Pradesh in 2022.
30. Ritika Banotiya Attended State Camp in 2024.
31. Khushi Pareek BBA, won Best Volunteer Award at University Level for the year, 2023-2024.
32. Mehul Koshta BBA, won Best Volunteer Award at College Level, for the year 2023-2024.

## **6. Problems Encountered and Resources Required**

**Please identify the problems encountered and resources required to implement the practice.**

Decreased willingness due to fear of competition, time management, coping with academics' standards, cooperation and team management resulted in the students non - participation in the various individual and group activities. However, the college with excellent trainers and facility resources organized several special trainings, personality development sessions, and stress management sessions to maintain the talent, zeal, physical, and motivation level of the students. Close monitoring of students, various camps in NCC & NSS, In-house competitions, intense practice sessions, are few strategies through which the institution brings back the students to their required performance level.

## 7. Notes (Optional)

**Please add any other information that may be relevant for adopting/ implementing the Best Practice in other institutions. Any other information regarding Institutional Values and Best Practices that the institution would like to include.**

Reshaping and strengthening the pattern of whole person education by engaging in real-world experiences, the college enables the students to hone their various skills to be more effective leaders with higher resilience and sustainability in various fields apart from academic domain.

The institution works to support our students with positive, competitive environments at the regional, national, and international levels. Student awareness towards the advantages of Curricular and co-curricular activities for a healthy lifestyle is the core concern of this practice. This comprises a goal-oriented planning and talent development approach that improves student performance at all competitive levels.



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